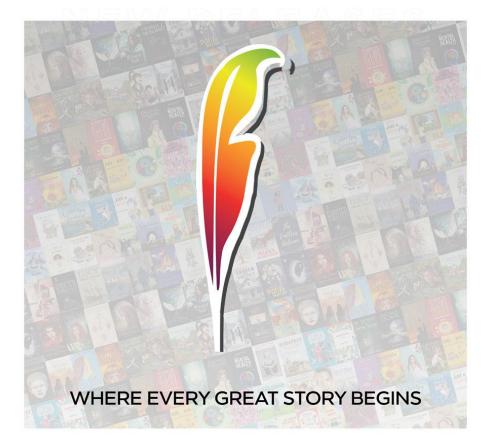


## NEW RELEASES NEW RELEASES NEW RELEASES



## ABOUT AUSTIN MACAULEY PUBLISHERS

#### Welcome!

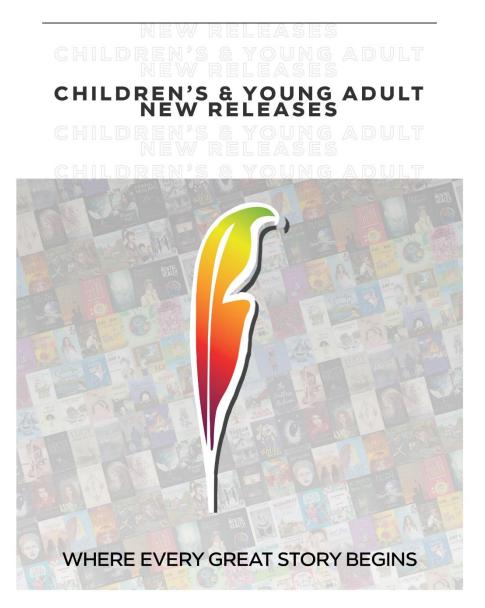
At Austin Macauley, we are proud to be one of the fastest growing hybrid publishers in the UK since our inception in 2006. Our offices in Cambridge, London, New York and Sharjah are a testament to our worldwide presence in the book industry, award-winning teams and author-centric work culture.

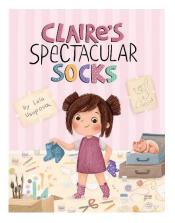
We are committed to bringing together the voices of authors from around the world, guiding their books centre stage and providing a universal platform from which they can read.

Our publications range from Fiction to Non-Fiction and Children's to Young Adult's, with a story for everyone in Print, Digital and Audio format in both Arabic and English.









## Claire's Spectacular Socks by Lola Usupova

*Claire's Spectacular Socks* is a whimsical tale of Claire, a spirited girl who defies convention and embraced her love for socks. Refusing to hide her beloved footwear, Claire embarks on a colourful adventure to design the most extraordinary socks imaginable. With a heart full of passion and a brush in hand, she dyes, paints, and bedazzles her socks with vibrant hues, sparkling glitter, and enchanting designs... This delightful story celebrates the power of imagination, encouraging children to unleash their creative spirits and find joy in exploring the endless possibilities of their imagination.

#### Author:

Lola Usupova is a passionate author and gifted illustrator with a profound love for children's literature. From a young age, Lola displayed a natural talent for drawing and honed her skills through countless hours of practice and dedication. Her artistic abilities led her to a successful career in children's book illustration, where she worked on various projects and perfected her craft.

> Publication date: June 2024 Extent: 32 pages Rights available: All rights



## Is This a Hat? by Louise Hanson

This charming picture book introduces young readers to various clothing items, playfully asking if each one is a hat.

From a vest to a jumper, trousers to socks, and shoes to the final reveal of an actual hat, children will love guessing along and learning about different garments.

Make getting dressed fun and help develop your child's reading skills at the same time with these delightful animal friends!

#### Author:

Louise Hanson lives in a village situated on the Pennines in the Northwest of England. She is married and has four daughters and a growing number of grandchildren who are the inspiration for the book. She enjoys running over the nearby moors, baking and eating cakes and spending time in Devon.

> Publication date: July 2024 Extent: 18 pages Rights available: All rights



## Bertie and the Breakfast Treat by Toni Wolstenholme

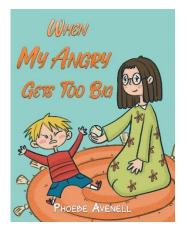
Join clever Bertie Bluebottle on a sticky breakfast adventure! When Bertie gets trapped in a honey mess one morning, he must rely on his quick thinking and the help of his insect pals Boris Bee and Harry Spider to find a way out. But their rescue attempts only get them more stuck – until Bertie hatches a brilliant but risky plan involving a human and a fly swatter!

Will this brave fly and his friends escape the honey in one piece? Find out in this tale of friendship, courage and creative problem-solving. With charming illustrations by Sophie-Nicole Atkinson, Bertie's heroic antics are sure to delight young readers.

#### Author:

Toni Wolstenholme is a UK-based newcomer to the author world. She has spent many years writing for fun and pleasure, joining book clubs and thriving in any library setting. As a person she loves adventures and the outdoors, UK wildlife, photography, and tucking into a good book. Her passion for reading and writing has come from a family of avid readers, which snowballed into a dream of writing children's books.

> Publication date: July 2024 Extent: 27 pages Rights available: All rights



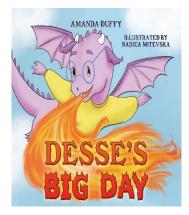
## When My Angry Gets Too Big by Phoebe Avenell

When My Angry Gets Too Big is a children's book designed for young children on the autism spectrum. Acceptance and self-confidence is hugely important for children's development and self-esteem, and thankfully this is reflected in children literature, with many books about accepting ourselves no matter our race/sexuality/gender. That being said, children on the autism spectrum are underrepresented in the literary world, and in order for them to take interest and learn from literature, it's essential that there are books and characters they relate to. When My Angry Gets Too Big has been written specifically for children on the autism spectrum and is designed to help them recognise and manage difficult emotions.

## Author:

Phoebe Avenell is a primary education teacher with experience working with special needs children. She aims to write books that represent children on the spectrum and allow them to fully engage with children's literature. Through experience and research, Phoebe strives to provide literacy resources that allow children to experience the joy of books deserved by every child. *When My Angry Gets Too Big* has been designed with the intent of helping children recognise and manage strong emotions whilst separating the emotion from the child.

Publication date: July 2024 Extent: 20 pages Rights available: All rights



## Desses's Big Day by Amanda Duffy

It's Desse the Draggo Raptor's first day of school. He's scared and nervous, will the other dragons be cruel? Desse is different in more ways than one, He's worried this might stop him from having fun. Will Desse be able to breathe fire and fly? All he's ever wanted is to fly sky-high. Or will he shed a tear and feel self-doubt? Spread your wings and start reading to find out!

## Author:

Amanda has been in education for over 30 years, teaching in Japan, Tokyo, Shanghai, Hong Kong, Singapore and now Ireland. Throughout all the changes that a transient lifestyle presents, she has built a career based on her passion for supporting young children with additional needs.

Amanda's first book is set where she resides and works now, within a quaint village Primary School in beautiful rural farmland in County Mayo, Ireland. It is the people, animals and affinity for the natural elements that surround her which inspired her to write *Desse's Big Day*. In particular, she identifies with the vulnerability of children starting school and wanted to dedicate a book to them where being different is celebrated.

Publication date: June 2024 Extent: 44 pages Rights available: All rights



## I Can't Sleep by Jay David

Enzo was a busy little boy who simply couldn't settle down at bedtime. In his mind, there was a never-ending list of things that just HAD to be done before he could drift off to dreamland. Each task was as crucial as the next!

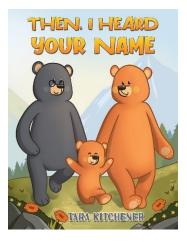
Despite knowing his mummy might not be thrilled to see his extensive bedtime to-do list, Enzo decided to explain why each item was of utmost importance. Would mummy understand, or would she insist that sleep come first?

Join Enzo on his quest to tackle his bedtime tasks as he tries to convince mummy that staying awake is the only way. Will he complete everything, or will mummy help him embrace the magic of a good night's sleep? Follow Enzo as he tries his best to explain to mummy why he CAN'T SLEEP!

## Author:

Jay David is a mother of two very cheeky children who somehow always end up creating scenarios which no doubt other parents can relate to! The differences and similarities in both children has allowed Jay to step into both of their worlds with different eyes. Both children have inspired her to create children's books with topics to help make them laugh out loud, recognise themselves and overcome things which once may have been scary.

> Publication date: July 2024 Extent: 28 pages Rights available: All rights 10



## Then, I Heard Your Name by Tara Kitchener

A story to share for those who have adopted and the ones they got to bring home. Share this with your young ones to let them know how much they are wanted and how hard you fought to bring them home.

Adopting a child is a journey all of its own. Destination: Parentville. But, before you get there, you have dead-ends, wrong turns, ups, downs, rough terrain, free-falling, and *the* most intrusive sat-navigation system to guide you there. Learning how important it is to input the correct information to avoid further disruptions to your travel time is vital.

The journey seems so long when you embark and see the huge stretch of road laid out in front of you. There are times when you may question if you have enough fuel in the tank to make it, whether you have enough strength to keep moving forwards.

However, along that road there's a time when you can take your foot off the gas and appreciate the beauty of what's around you. You will really be able to see the destination and start preparing and making ready and feel the excitement when you think of that space that will soon be filled.

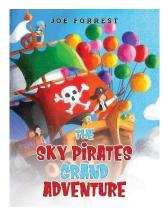
The time arrives, the world around you holds still.

Then, I heard your name.

## Author:

Tara Kitchener is a teacher in a school for pupils with complex needs. She is also a talking therapist and performer. When Tara isn't working, she loves spending time with her four children, her husband, and their Cockapoo, Jessy. She feels very fortunate to be able to share her words, thoughts and experiences with you all.

> Publication date: July 2024 Extent: 18 pages Rights available: All rights



## The Sky Pirates Grand Adventure by Joe Forrest

Embark on a thrilling journey through the skies with Captain Skyhook and his daring crew of Sky Pirates as they venture into the great unknown, seeking treasure and adventure! This enchanting children's picture book takes you on a magical ride through a world of floating islands, riddles from wise sages, and wondrous hidden treasures.

With vivid illustrations and a heartwarming story of friendship, courage, and the boundless spirit of adventure, *The Sky Pirates' Grand Adventure* will capture the imaginations of young dreamers and parents alike. So, gather around, and let the Sky Pirates whisk you away on a grand adventure where every turn of the page reveals a new and exciting tale to be told!

## Author:

Joseph Forrest, a 45-year-old imaginative storyteller, hails from Halesowen, West Midlands. Throughout the younger years of his daughter Sienna and stepdaughters Amber and Ruby, Joseph enchanted them with inventive tales. With his wife Joanne's encouragement, Joseph decided to share his gift with a wider audience as his children grew older. Recently, he began crafting engaging stories for publication, aiming to captivate young readers worldwide with the magic, adventure, and whimsy of his imaginative storytelling.

> Publication date: July 2024 Extent: 36 pages Rights available: All rights



## Goodnight, Little One: Oakleigh Owl by Lauren Andrews

Bedtime isn't bedtime without an adventure with Oakleigh Owl.

He's on his way to take you on a moonlit journey, soaring through the twilight sky exploring all sorts of magical places.

As your head touches the pillow, you'll feel oh so sleepy and dream of the glistening moon and gentle ocean waves.

An enchanting lullaby story for little ones at bedtime.

#### Author:

With a degree in Spanish linguistics, Lauren has always had a love for language and writing stories.

She is a passionate advocate of wellness and loves being outside in nature. This inspired her latest book which was written in hope to teach little ones about the wonders of the natural world and encourage them to explore the outdoors, maybe even spotting Oakleigh owl in the treetops!

> Publication date: July 2024 Extent: 26 pages Rights available: All rights



## Lost and Found by Trish Hunter

Can you imagine losing your name? Yet this is what happened to Esme when a fun day in the park turned into something quite unexpected.

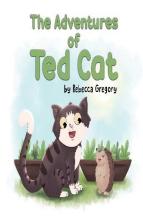
Luckily, a magic gnome and all his furry friends appeared.

But could they help? Where had her name gone? Would she find her way home?

## Author:

Margaret Chandler is an illustrator and painter, she trained at Brighton Art College. She is presently living in Chester, working from her home studio. Margaret has had a number of exhibitions in the Netherlands and UK. *Lost and Found* is her first book collaboration working with author Trish Hunter who has been writing poetry for many years. This is the debut children's story.

> Publication date: July 2024 Extent: 18 pages Rights available: All rights



## The Adventures of Ted Cat by Rebecca Gregory

Ted the cat loves adventures. He also loves milk, chicken, and afternoon (all day) naps. He's fluffy, cuddly and likes to cry for his breakfast at 6am!

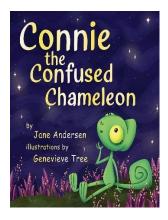
Make your way through beautifully created illustrations which will make you feel part of the story.

Join Ted and the other cats and animals of Bayford Road on this new adventure of friendship, sunshine, and flying hedgehogs!

## Author:

Rebecca is a primary school teacher from the West Midlands. She loves reading a range of children's books to her class and will go straight to the children's section in any book shop. There have been many books that have inspired Rebecca to write her own children's story, and *Ted the Cat* seemed the perfect topic.

Publication date: June 2024 Extent: 36 pages Rights available: All rights



## Connie the Confused Chameleon by Jane Andersen

Welcome to Connie's Colourful World.

Connie must soon pick an option,

Choices wide and varied.

The stakes are high, but friends stand by,

Decisions can be scary!

Connie has a choice to make,

Perhaps you've got one too?

So, settle back and join her story,

What will Connie do?

#### Author:

Born in Sydney, Australia, Jane Andersen was captured by books and reading from an early age, often spending school recess sequestered away with a book (and a cupcake).

> Publication date: June 2024 Extent: 34 pages Rights available: All rights



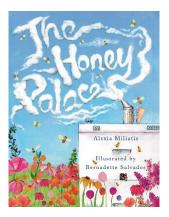
## The Sofa Troll by Paul Jacobson

Have you ever sat on your sofa and realized that your TV remote has gone missing? Have your sweets vanished into thin air? Maybe your grown-up can't find their keys? Well, this book may hold the answer to all these and many more mysteries: The Sofa Troll. Sitting alone on your sofa will never be the same again, after going on an adventure with the crafty little critter, who is happily inhabiting your sofa. He hoards all sorts – from important receipts to your pocket money pound coins. However, after being sucked up in a harrowing hoover incident, the sofa troll's future is in jeopardy – will he be dumped with the rubbish or can this cute collector relocate and get back to stashing his stuff?

#### Author:

Whilst growing up, Paul Jacobson enjoyed telling whacky jokes and surreal stories. Every family pet was given an alter ego - dogs were undercover government agents and tortoises were master criminals on the run. If Paul was ever late for tea after football, it was probably due to an alien abduction or a deadly squid escaping from the local aquarium and blocking the road. As Paul has grown up, his sense of humour remains the same. If he's not at the beach or walking on the moors with his wife, Becky, and cockapoo, Lola, he's probably cracking jokes and telling stories.

Publication date: June 2024 Extent: 22 pages Rights available: All rights



## The Honey Palace by Alexia Miliatis

Venture through the garden, past the whisper of the trees, to a place like no other;

the home of the bees.

Learn about their lives, the incredible jobs that they do, find answers to secrets, that you never knew.

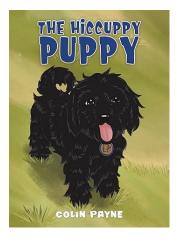
Unlock curiosity and knowledge about these amazing things. So much more than just their buzz, their wings or their stings.

Magic and beauty is found here in the hive; The Honey Palace is waiting, for you to arrive.

## Author:

Alexia Miliatis is a beekeeper and creative, originally from Auckland, New Zealand. Fuelled by a passion for environmental sustainability and community collaboration Alexia and her husband began Mili Bees in 2020, a company that aims to boost urban bee numbers and create sustainable products. She resides in Sydney, Australia with her husband, three children, her French Bulldog and over two million bees.

Publication date: June 2024 Extent: 34 pages 19 Rights available: All rights



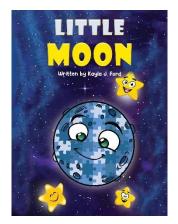
## The Hiccuppy Puppy by Colin Payne

Danger, excitement, thrills, spills, and chills! Await our puppy hero today. Hiccup! Hiccup! Hiccup? What strange sounds were coming from this poor unfortunate dog? And why won't they stop? This was not the ordinary day this puppy had planned. Join this amazing doggy on an incredible adventure as their day goes from bad to worse and a cure is sought after from everywhere and anywhere. Will this day ever end? Will this puppy get the help they need? Will they get the peace and quiet they long for? As one calamity leads to another and another, there's only one way to find out... Hiccup! Hiccup!

#### Author:

Colin Payne is a postman from Bristol, where he has lived for most of his life. He has two children of a bothersome age and a partner whose age shall not be mentioned.

Publication date: June 2024 Extent: 28 pages Rights available: All rights



## Little Moon by Kayla J. Ford

Little Moon has always felt out of place amongst the stars.

Fly through the universe with little moon and Mr Evening Star to uncover the secret to happiness with a journey through space as Little Moon discovers his differences, strengths, and self-worth.

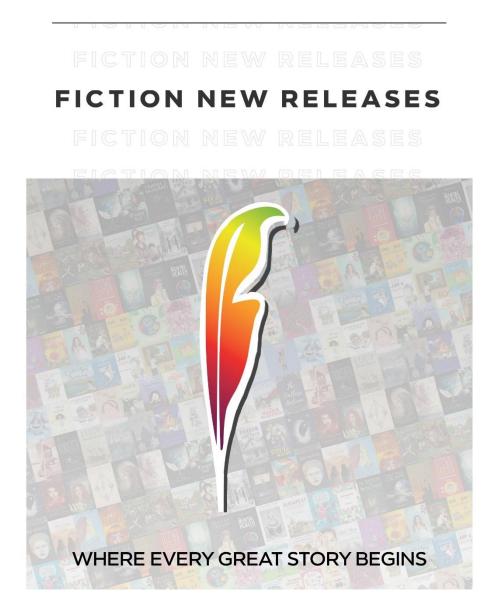
This tale follows a child with autism overcoming self-doubt and understanding the importance of individuality.

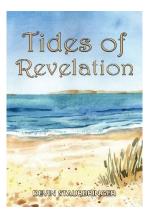
## Author:

Kayla lives on the Gold Coast with her husband and five children. She's a fulltime childcare teacher and writes and reads any chance she gets.

> Publication date: June 2024 Extent: 46 pages Rights available: All rights







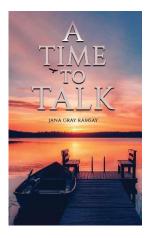
## Tides of Revelation by Devin Staurbringer General Fiction

It's been 10 years since Hanna, Derrick, Jane, and Pete have seen each other. They met in college but went their separate ways after graduation. Now they've reconnected and have decided to rent a secluded beach house to stay at for a long weekend of catching up. While they're laughing and getting to know each other again, strange things start to happen that make them reconsider their life choices. As they reveal their secrets to each other, something big seems to be going on. What exactly is happening at the beach house? What does it mean for the four friends' lives? Will they make it through the weekend, or will the tides change?

#### Author:

Devin Staurbringer is a writer living in Ohio. His children's book, Hope the Hopeful Piglet, won the 2023 North Coast Indie Author Book Award for reader's favorite author. He hopes to travel the world and write many books. He is passionate about trying to make the world a better place through activism and writing. This is his first novella.

> Publication date: June 2024 Extent: 68 pages Rights available: All rights



## A Time to Talk by Jana Gray Ramsay

## Contemporary

Imagine being granted the extraordinary gift of one last conversation with a loved one, knowing it would be your final chance to connect. Would you use this precious time to pour out your heart, share stories of love and gratitude, and bid a proper farewell?

For most, such a divine opportunity would be treasured. But for Jolie, a middleaged woman juggling the demands of her children, job, grieving father, and estranged sister, the conversation might take an unexpected turn. Why, for instance, did her mother choose to ignore the cancer ravaging her body, instead channeling her energy into hosting dance challenges from her hospital bed and teaching her grandchildren the joys of skinny dipping?

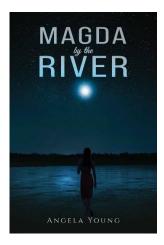
Since her mother's passing, Jolie has been consumed by grief and regret, finding even the simplest tasks overwhelming. Despite knowing that hiding under the covers and napping won't solve anything, she feels too drained to seek alternatives. As she contemplates the tempting escape of running away – a choice that hardly seems fitting for a woman nearing fifty – Jolie receives an extraordinary gift: one final conversation with her mother. With so much left unsaid, where does one begin when faced with this singular chance?

It isn't until Jolie faces a heart-wrenching accident involving her own daughter that she finds her answer. You begin by acknowledging the importance of family, and the power of forgiveness and letting go. Woven with wisdom, humor, and a touch of magic, A Time to Talk is an uplifting story that explores the unbreakable bonds of family, the profound impact of a mother's love, and the ability to find light even in the darkest of times.

#### Author:

Jana Gray Ramsay lives in a small village surrounded by orchards and vineyards in British Columbia, Canada. She is happiest spending time with children (which is a good thing, as she has been a teacher for over thirty years) and her family. Although she has written several stories for children and young adults, this is her first novel.

> Publication date: July 2024 Extent: 218 pages Rights available: All rights



## Magda by the River by Angela Young Contemporary

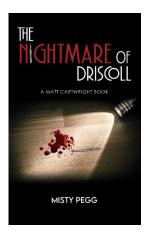
Angela Young's novel, Magda by the River centers on the captivating journey of Magdalene, known affectionately as Magda. Feeling suffocated by the monotony of her small village life, weary of battling societal expectations, and yearning for acceptance, Magda longs for change. Her life takes an exciting turn when she joins a traveling troupe of performers, where she forges deep friendships that open her eyes to the possibilities and 'more' she has been seeking.

However, the most significant journey in Magda's life is the introspective one. It's a path that leads her to a profound understanding of her identity and self-acceptance, making Magda by the River not just a story of adventure, but also a tale of personal discovery and growth.

## Author:

Angela Young is a teacher and writer living in beautiful California. She has published numerous research articles, but her true love is for storytelling. Angela worked in the technology field and started a technology-based business early in her career.

> Publication date: July 2024 Extent: 208 pages Rights available: All rights



## The Nightmare of Driscoll by Misty Pegg Thrillers

Every serial killer has to start somewhere, somehow. Officer Matt Cartwright is a small-town cop who isn't expecting a serial killer to choose his town to terrorize and kill the residents.

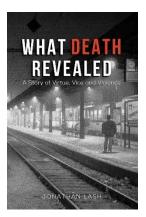
FBI Agent Christina Chrystals has been chasing a serial killer and follows him to Driscoll TX, where things take an unexpected turn.

Thrown together, these two must do everything in their power to stop him before things get worse.

## Author:

Misty is a stay-at-home mom of three kids and has been married for 2 years. She enjoys cooking and reading the latest crime novels. Horror movies and scary stories are her favorite things to curl up and watch and read. She lives in the Blue Ridge Mountains of VA and loves to chat with her fans.

> Publication date: June 2024 Extent: 70 pages Rights available: All rights



## What Death Revealed by Jonathan Lash Mystery

In a tale that spans two disparate worlds within one city, this gripping novel dives deep into the divide between the glistening capital of the Free World and its neglected districts, home to 700,000 citizens mostly of color. Eight years after the assassination of Rev. Martin Luther King Jr. sparked riots that shattered the city's core, the scars of racial fury and systemic injustice remain as evident as ever.

Amid this backdrop of crime and burnt-out neighborhoods, Jimmy McFarland, an earnest young District Attorney, stumbles upon evidence of corruption tied to a six-billion-dollar Metro subway project aimed at reconnecting the city's fractured communities. Though clearly a matter for the FBI, McFarland embarks on a rogue investigation. In doing so, he crosses paths with Larry Williams, a black police sergeant whose rough exterior belies his own complicated relationship with justice and morality.

Walking a precarious line between courage and recklessness, McFarland and Williams form an uneasy alliance. Fueled by McFarland's idealistic pursuit of justice and Williams' pragmatic understanding of its rarity, the duo confronts a daunting array of racism, corruption, and murder. As they untangle a web of powerful players who thought they were untouchable, the question remains: Can they navigate the system's deep-rooted flaws to achieve some measure of justice?

"With characters that you won't forget, an important story that keeps pages turning fast, and gritty detail that says the author knows whereof he writes, Lash's novel is definitely not to be missed. If he can tell a tale this good, it is a mystery why he was spending time running a premier environmental organization and being an innovative college president. First rate."

- Gus Speth, author of Let Your Tears Water the Earth and other books.

"Jonathan Lash has given us a perfectly written, perfectly paced, and completely absorbing inside view of how prosecutors and police actually solve crimes, all set in the turbulent days in Washington following Martin Luther King's assassination and Nixon's downfall. Lash's tale is one of justice triumphant against great political odds, a message that many a reader will welcome today." – Gary Milhollin, President, Wisconsin Project on Nuclear Arms Control.

"What a great read! Jonathan Lash uses his background as a white prosecutor in Chocolate City (Washington, DC) to weave an engrossing tale of murder, corruptions, racial conflict, and love. The Black DC cop and white AUSA who are the story's principal heroes will stay with you, and those familiar with DC will find a bonus in the varied references to landmark shops, restaurants, and venues in the District."

– Florence Wagman Roisman, William F. Harvey Professor of Law at Indiana University.

#### Author:

Lash is a former federal prosecutor, environmental litigator, and college president. Rolling Stone magazine profiled him as one of 25 'Warriors and Heroes fighting to stave off planet-wide climate catastrophe'. His book, A Season of Spoils, told the story of the Reagan Administration's assault on the environment.

> Publication date: June 2024 Extent: 378 pages Rights available: All rights



# Rodney MacDoodle's Adventures Back in Time by Harry Lovegrove

## Sci-fi

When fourteen-year-old Rodney MacDoodle unexpectedly finds himself transported back to 1990 after using a cash machine, he faces the daunting prospect of reliving the past three decades. Desperate to return to his life in 2022, Rod's hopes are dashed when a rogue policeman steals his bank card, seemingly cutting off any chance of getting back to the present. But an unlikely friendship with a football coach sparks a glimmer of hope, as the two begin to devise a plan for Rod's return.

In *Rodney MacDoodle's Adventures Back in Time*, Rod must navigate the challenges of multiple time travels, encountering his teenage parents, confronting the village bully, and facing a madman bent on world domination. As he struggles to cope with the pressure of his extraordinary circumstances, Rod's wit, resilience, and newfound friendship are put to the ultimate test.

This captivating tale follows an ordinary teenager on an unforgettable journey through time, as he races against the clock to find his way back home. Filled with humour, heart, and unexpected twists, *Rodney MacDoodle's Adventures Back in Time* will keep readers of all ages on the edge of their seats, rooting for Rod as he battles the forces of time and evil in this thrilling adventure.

## Author:

Harry Lovegrove lives in Finchampstead, near Reading. *Rodney MacDoodle's Adventures Back in Time* is the first book he has written. He is a keen Leicester City fan and also works part time as a tennis coach. Harry is a Christian and is a member of Reading Family Church.

Publication date: July 2024 Extent: 102 pages Rights available: All rights



## Things Love Can't Teach You by Jenifer Angelo

## Romance

Key, an everyman, finds his life upended when he relocates to New York, a city he never favored. Following a break-up with his long-term girlfriend, Key's life seems to spiral downwards. In the chaos of New York, he repeatedly crosses paths with Slate, a successful businessman known for his numerous lovers. Initially, Slate sees Key as a mere annoyance, a country boy obstructing his path. However, as Slate involves Key in his business affairs, he becomes unexpectedly charmed by Key's allure, despite their frequent clashes. As their lives intertwine, Key and Slate are drawn to each other, leading to an unexpected romance. But looming over their newfound connection is the uncertainty of its future.

> Publication date: June 2024 Extent: 210 pages Rights available: All rights



## After Glow by Ana Catarina

## Romance

I met Ava when we were teenagers. She was hanging from a cliff, and I rescued her. We were young, naïve, and fused instantly. She was mine from that moment on. We secretly snuck around every day for a whole summer. Then she was gone, never seeing her again for twenty years. I never moved on, no matter how much I convinced myself that I had. Years later we collided, literally, and looking into her eyes unleashed the old memories. I lost her once, I sure as hell wasn't going to lose her again.

A fresh start? Yes, please!

When fate brought us full-circle, memories flooded as our eyes locked once more. I had lost her before, refused to lose her again.

Seeking a fresh start, I never expected my past to collide with me - But in returning to Vilamor, I found Nick waiting too. We were carefree youths then, with bright futures and innocent love. As adults we couldn't avoid each other, and I soon yearned to reconnect. Accepting his sudden proposal felt too real, too soon, the façade overwhelming me.

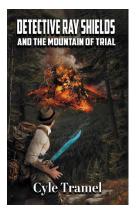
Can a long-dormant love truly blossom once more?

An emotional second-chance romance portraying grief, personal growth, and the transformative power of rekindled connections – ultimately leading to a satisfying, happily-ever-after.

## Author:

Ana Catarina was born in Portugal to a working-class family before immigrating as a young child to the United States. She has always looked to books for comfort, amusement, and escape. Creating characters and telling stories through them is one of her greatest restorative joys. She enjoys spending time with her family, most of all during the holidays, which is her favorite time of the year with its warm spirit of giving and wonder. She lives with her two children in her childhood home in New York.

> Publication date: July 2024 Extent: 206 pages Rights available: All rights



## Detective Ray Shields and the Mountain of Trial by Cycle Tramel

## Adventure

Ray Shields isn't your average private eye. He's a little more like your traditional gumshoe than most, and in his line of work, being dedicated to the job is a good thing. Laura is his secretary and, as far as Ray is concerned, she is the best one he's has ever had. She's never late to work, she keeps his affairs in order, and most importantly, she always has the coffee brewing. Then there's Eddie, Ray's partner. He's a dedicated alcoholic with a troubled past, but he doesn't let that affect his work. Together, the trio make up the Ray Shields Detective Agency, and the only thing separating the R.S.D.A. from the competition is a rusty chain-link fence.

But everything is about to change...

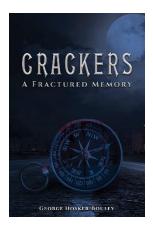
One day, after receiving a mysterious envelope in the mail, Ray, Laura, and Eddie find themselves thrust into the heart of an ancient prophecy that places them all in danger and unravels a secret about Laura that's long been hidden.

Together, the R.S.D.A., with the help of a few made friends along the way, will face a myriad of mythical monsters, hunt for a magical relic powerful enough to stop a maddened cultist, and traverse the arid Atacama Desert to fight an ancient evil. Saving the world is all in a day's work for the Ray Shields Detective Agency.

## Author:

Cyle Tramel is a seasoned traveler with a passion for cultural exploration and storytelling. He believes that everyone has a story to tell and that every story, no matter how unbelievable, deserves to be told. This is his first book.

> Publication date: June 2024 Extent: 226 pages Rights available: All rights



#### Crackers by George Hosker-Bouley

#### Adventure

During the late 1800s, England was a land of boundless potential, and there were those who eagerly sought to exploit it. The days of the aristocracy had faded, and self-made men of wealth breathed new life, energy, and money into the English countryside. Exploration and innovation were the tools that would usher in the next century.

Montgomery, a true English gentleman, was one such man who sought to bring his young family into an era of prosperity. Though Monty chose wisely in business, he chose poorly in those surrounding him. With a new bride, a young son, travel, and an expanding business, Monty enjoyed a happy life – until he could no longer remember it.

One rainy morning, Monty was found abandoned at an unknown manor, badly beaten and unconscious, left in the mud. As he awoke, he could feel the rain on his face and taste the blood in his mouth, but he could no longer recall who he was. Within the house, there were those who would help him and those who would seek to do him harm.

This journey takes Monty into a world where nothing is as it appears. Hypnotism, treachery, romance, and betrayal all lie in his path of discovery. With his memory gone, Monty has lost everything he once had in the world, and he is willing to do whatever it takes to get it back.

George Hosker-Bouley has been a successful playwright in New England for the last thirty years. His more than 25 original plays have been produced to standing room-only audiences across New England where he has received more than 17 Spotlight on the Arts Awards. He is the founder of the Portsmouth, NH Underbelly Tour that celebrates the grittier side of Portsmouth, NH and is the former Executive/Artistic Director of the Prescott Part Arts Festival.

> Publication date: June 2024 Extent: 222 pages Rights available: All rights

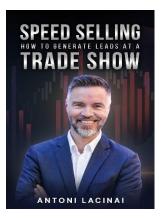


#### NON-FICTION NEW RELEASES

#### **NON-FICTION NEW RELEASES**

NON-FICTION NEW RELEASES





#### Speed Selling by Antoni Lacinai

#### Business & Management

Empowerment doesn't always follow a fairy-tale script. Neither its beginnings nor its journeys are always paved with acceptance. Women who dared to don trousers lived with the tremor of discovery, particularly those who veiled themselves as men to enlist in early wars, when only men were permitted to serve. Their fear was not just the battle cries, but the disgrace of being unmasked and sent home.

The world paused in disbelief when, upon the death of jazz musician Billy Tipton, it was revealed that he was a she. Similarly, when Dr. James Barry, who ascended to the zenith of medical ranks in the British Army, was uncovered as a woman posthumously, the army swathed the truth in secrecy.

Not all were 'ladies' in the conventional sense, but they were undeniably women women who defied the societal mold. They sometimes cloaked themselves in trousers or other male disguises, challenging the expectations of their eras.

Their ranks encompassed saints and sinners, queens, countesses, and commoners. While names like Joan of Arc and Calamity Jane might ring familiar, their tales, along with those of others, are captivating in Empowered Ladies. This book unearths the narratives of these audacious women, weaving a tapestry of resilience and defiance that continues to inspire the quest for empowerment.

Antoni Lacinai is an international expert on workplace communication, motivation and engagement. His business passion is to decipher the mysteries of human communication, especially around leadership and customer communication.

Antoni has coached thousands of people on how to meet, greet, and treat customers when working at trade shows. When large international organizations or national governments need to elevate, for instance, their leadership, sales, and presentation skills, they reach out to Antoni.

To date, he has written and co-written 14 books. He is an international keynote speaker and is often interviewed on Swedish national TV.

Publication date: June 2024 Extent: 132 pages Rights available: All rights



#### Balance by Lianne Murphy

#### Educational

For anyone seeking to navigate the maze of personal development, health, and well-being, *Balance* offers an undeniably unique perspective. This essential toolkit seamlessly bridges the gap between ancient wisdom, modern science, and common sense, empowering readers to achieve better wellness.

By adopting a broader perspective that 'everything is connected,' wellness can be seen through a different, clearer lens. *Balance* illuminates how sleep changes body chemistry, how childhood experiences impact environmental choices, and how good nutrition affects the strength of our community, demonstrating that achieving true and sustainable balance engages far more than just mind, body, and spirit.

Easily accessible and packed with helpful facts and guidance on building solid foundations for happier and more conscious living, *Balance* contains invaluable science-based information, reflections, exercises, and mantras to identify and implement lasting change.

As the recommended text for The ALTR Group, this book serves as a gateway to a dynamic new framework for holistic health, perfect for beginners and experienced wellness-seekers alike.

From humble beginnings, Lianne Murphy has worked hard to achieve great success in her career as a lawyer and as a professional businesswoman. Lianne always believed that achieving her goals would bring happiness, but, having exceeded even her own expectations, she recognised that she still had a limited sense of satisfaction and happiness. When her mother astonished her oncology team by living well and with great contentment for years, despite having been diagnosed with a terminal illness and a six-month life expectancy purely as a result of focused change to her diet and lifestyle, Lianne started to explore the concept of holistic health, wellbeing, and happiness in earnest. This made her wonder: what if we applied this kind of focus to our wellbeing before we became sick? What if wellness and contentment were the goals rather than chasing success and achievement? What if we started living in happiness right now rather than making it conditional upon some other life event? A deep dive of exploration into wellness followed. Lianne emerged years later with a true understanding of how to create a healthy balance in life and how to achieve a deep and lasting sense of satisfaction. From a desire to share what she had learned to help others, this book was born.

> Publication date: June 2024 Extent: 206 pages Rights available: All rights



#### The Meno Change Diary by Michaela Cummings

#### Memoir

When menopause arrived, I was unprepared for the physical and emotional upheaval. What began as a long-awaited trip to Italy soon spiraled into disorientation as mood swings, hot flashes and disrupted sleep plagued me daily. I struggled to find balance between highs and lows, often suffering alone without support.

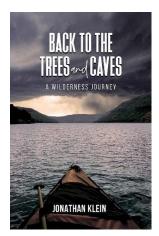
Now post-menopausal, I've gained hard-won wisdom and coping strategies for this turbulent life transition. But had I access to better resources and more knowledge, my experience could have been smoother. I wrote this book so other women never have to feel as lost and isolated as I once did.

These pages illuminate each phase of the menopause passage with insight and sisterhood alongside inspiration from those who have walked this path before you. Most importantly, you'll discover a community of understanding companions ready to catch you when you stumble and cheer you as you reclaim your footing.

Consider this book a torch to help navigate menopause's shadowy terrain. The light ahead seems distant at first, but with camaraderie and self-care, you'll traverse this crossing to emerge wiser and more empowered.

Michaela Cummings grew up in Manchester, England, where she spent much of her teenage years. She moved from Manchester in the 1990s, when she began traveling in Europe, finally relocating to Toronto, Canada, in 2000. She became a Canadian citizen in 2008 and currently resides in Chatham, Ontario, with her husband, Ippolito.

> Publication date: June 2024 Extent: 202 pages Rights available: All rights



## Back to the Trees and Caves: A Wilderness Journey by Jonathan Klein

#### Memoir

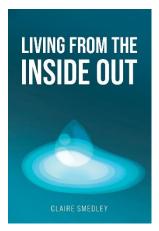
After dedicating over three decades to managing wilderness areas for the USDA Forest Service, Jonathan Klein comes to a sobering realization: the wilderness within the lower forty-eight is, at best, a theatrical semblance of the real essence of wild. Upon retirement at age sixty, Klein embarks on a solo canoe journey across the untamed expanses of northern Canada, yearning to uncover the authentic wilderness that eludes him. Back to the Trees and Caves unfolds this riveting 700-mile adventure from Saskatchewan to Hudson Bay, across landscapes untouched by time.

The voyage is far from tranquil. Klein battles violent storms, navigates raging rapids, and crosses lake expanses that mirror oceans. After seven grueling weeks, an utterly exhausted Klein reaches Churchill, Manitoba, but not without facing a life-and-death encounter with an apex predator, a confrontation that brings him face to face with the harsh yet majestic reality of the wild.

As Klein paddles through the endless miles, the journey morphs into more than a physical quest; it becomes a conduit for profound reflections on the intrinsic value of wild places. Not just for the wandering souls of humans, but as irreplaceable havens for the myriad wild creatures that inhabit them. The narrative encapsulates Klein's evolving insights on the sanctity of these landscapes and the imperative to shield them from the unrelenting grasp of human consumption.

Jonathan Klein was not born in the right place. Raised in San Francisco by a single mother determined to mold her only child into a sophisticated urbanite, he instead surrendered to an innate ferality. Moving to Montana as a young man, Jonathan found work as a ranch hand and later discovered his true calling as a wilderness manager for the USDA Forest Service. His adventurous spirit has led to a slew of dubious exploits including hopping freight trains, a very short stint as a rodeo rider, bull fighting in Portugal, and several expeditions by canoe and kayak to the far north. Jonathan lives in Montana with his wife, Marianne, and a couple of cats.

Publication date: June 2024 Extent: 254 pages Rights available: All rights



#### Living from the Inside Out by Claire Smedley

#### Lifestyle & Leisure

At some stage, many of us face a moment of reflection, looking in the mirror and wondering what happened to the carefree, dream-filled child we once were. It's common to question whether it's too late to pursue those dreams that once sparked such joy in our hearts.

Living from the Inside Out poses a crucial question: Do you see life as something that happens to you, or do you believe that you actively shape your own destiny? This book challenges the belief that we are mere victims of circumstance, presenting an empowering perspective. It delves into the age-old quest to understand the extent of our influence over our lives. Are we reactors to what life throws at us, or creators of our own path? Interestingly, these roles are composed of the same letters, just arranged differently. This metaphor serves as a reminder that we have the power to rearrange our perception of ourselves and the world around us, thereby actively creating our lives from the inside out, breathing life into dormant dreams, and moving beyond stress and dissatisfaction.

Author Claire Smedley introduces readers to the Kosha Roadmap, an ancient yogic model for living a fulfilling life. With her two decades of experience, Claire revitalizes this ancient wisdom, giving it a contemporary twist that is accessible to everyone. This book promises to transform your understanding of yourself and your life, serving as a guide to lasting happiness.

Claire Smedley currently lives in Thailand with her husband after embarking on a nomadic lifestyle mid-pandemic. Selling almost everything they owned, they set off on an adventure and freed themselves from physical ties. They reached Thailand, fell in love with it and haven't left. She has one grown-up son, now living the dream as a ski instructor in Switzerland.

Claire has always been fascinated by what it is to be human, a healthy human—in body, mind and spirit. Following a love of science, she got her degrees in biochemistry and chemistry and then began to explore Eastern concepts of health, spirituality and well-being.

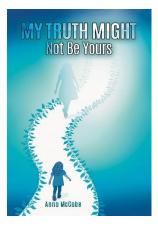
Claire was a senior yoga teacher and trainer for almost twenty years and has taught subconscious experiencing for about seven years. She has always had a passion for the less taught aspects of yoga philosophy and breathwork and in 2022 qualified as a Pause Breathwork facilitator—a transformational form of breathwork that helps individuals feel safe and fully present with the whole spectrum of their emotions, traumas, and old wounds.

Following her own self-directed recovery from Hashimoto's Thyroiditis, an autoimmune disease, and lifelong irritable bowel syndrome, she pivoted for a few years to help other women who felt frustrated and disempowered by their autoimmune diseases. She is a qualified Integrative Nutrition Health Coach, with specialisms in gut health and the Autoimmune Paleo Approach (AIP). This period of her life gave rise to her first book, *Nutrition-New Story-New You: Cookbook-Delicious Recipes and Your Guide to Avoiding the Common Pitfalls of the AIP Diet*, which she co-authored with Sue Persad-Patel.

Her work as a health coach brought her full circle back to the kosha model and the perspective that you cannot have great health by only focussing on the body, and that led directly to the desire to write this book.

Claire blends nutrition, yoga, meditation, self-enquiry, subconscious experiencing and breathwork to help people fulfil their potential in life. She works from the premise that there can be no physical health without emotional, mental, and spiritual health, aligned with an intrinsic sense of purpose, unique to each individual. Claire remains first and foremost a student of life; a teacher second. She is her first and most important client and is committed to walking the inner path so she can help others from experience rather than theory.

Publication date: July 2024 Extent: 228 pages Rights available: All rights



### My Truth Might Not Be Yours by Anna McCabe Autobiography

'Anoscetia' – The anxiety of not knowing 'the real you' (John Koenig).

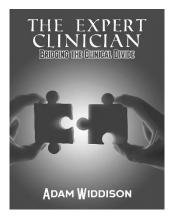
McCabe never really knew her 'real Anna', going in search of this when she decided to go on the journey enclosed within these covers. A tale so common, yet so unfortunately rarely shared, McCabe details her life to share with those who might walk in similar (or not) shoes to her. McCabe's poignant yet unfussy account of abuse at the hands of her guardians deals with this 'taboo' subject in ways that will open the eyes of those who have never experienced it yet, allow those who have, to find their own voice.

What will McCabe reveal? The taboo must be broken.

#### Author:

Although born in Scotland, Anna McCabe (until recently) spent most of her life in Wales and England. She returned home in 2017 and now lives in the village of Kincardine with her husband, Peter and their black labrador, Jessie.

> Publication date: July 2024 Extent: 132 pages Rights available: All rights



#### The Expert Clinician by Adam Widdison

#### Educational

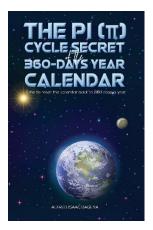
Have you noticed that more experienced clinicians manage the consultation differently from you? Quickly, efficiently and effortlessly they collect relevant information, reach an opinion and plan management. How do they do this? How can you become that good? Clearly a good knowledge of medicine and the basic sciences is important, but so is method. Instead of following the traditional history and examination format they tailor the consultation to the patient and the context. They know what questions to ask and which signs to look for. They learn, understand and interpret relevant information to suit the context, to respond to the patient, to meet the aims of the consultation.

In *The Expert Clinician*, the skills needed and methods to use to be an expert clinician are explained and how these can be applied to the consultation described. The Expert Clinician will help you bridge the divide between the traditional "clerking" and the approach used by experienced clinicians. Experienced clinicians will be familiar with a lot of the content and will recognise the methods described. However, they have had to discover this for themselves. You won't have to when you read *The Expert Clinician*.

#### Author:

Adam Widdison was born in Nottingham and went to school at Dartford and Gravesend, Kent, England. He studied medicine at Oxford University, taught Anatomy at Cambridge University, undertook research at University College, Los Angeles, and trained in hospitals at Plymouth, Oxford, Norwich, Exeter and Bristol before being appointed consultant surgeon at the Royal Cornwall Hospital in 1995. In addition to a medical degree, he has an MA, DM, FRCS, a Hunterian professorship and a PGCE. Working in one of the busiest acute teaching hospitals in England gave him a wealth of experience, both clinically and as a teacher, and provided the inspiration for this book.

> Publication date: July 2024 Extent: 400 pages Rights available: All rights



# The PI ( $\pi$ ) Cycle Secret of the 360-days Year Calendar by Alfred Isaac Bageya

#### History

In *The PI (\pi) Cycle*, discover the fascinating history of the ancient calendar and how it was ultimately changed by the will of God. Follow the story of King Hezekiah of Judea, whose life was extended by 15 years, and learn about the ground-breaking calendar reforms of Julius Caesar. Explore the observations of ancient astronomers, including the Egyptians and Hipparchus, and how they tracked the length of the year. Uncover the mysteries of how the earth generates natural time at God's command and how it was altered to accommodate King Hezekiah's request. This thought-provoking book will leave you marvelling at the power of God and the complexity of time.

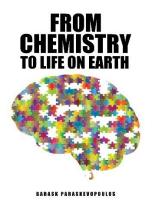
#### Author:

Alfred Isaac Bageya holds a college degree in electronics engineering technology with additional training in information technology at York University in Toronto Ontario, Canada. He has worked in various roles in telecommunications systems manufacturing, computer hardware, software support and quality assurance.

He got involved with the Royal Astronomic Society of Canada's Toronto chapter to learn how to build telescopes but fascinated by time measurement problems. He created a simple formula for computing PI ( $\pi$ ), which he later transformed into "The General Equation of Time".

He is semi-retired, pursuing his interest in time measurement and other problems that have been largely ignored by mainstream science for years.

Publication date: July 2024 Extent: 90 pages Rights available: All rights



### From Chemistry to Life on Earth by Barask Paraskevopoulos

#### Educational

From Chemistry to Life on Earth presents a compelling, evidence-rich narrative that demystifies the complex chemistry and physics underpinning the genesis and evolution of life. This book offers a cogent explanation for the intricate development of the genetic code and the ribosome, central to our understanding of life's molecular machinery. Rich in illustrative examples, the text delves deep, supported by an extensive array of scholarly literature, transcending mere conjecture to provide a robust, well-founded account of one of science's greatest enigmas. Join us on a journey from the elemental to the existential, exploring how life as we know it is anchored in the bedrock of scientific phenomena.

#### Author:

Barask Paraskevopoulos was born in Athens, Greece, and migrated with his parents from one year of age to Melbourne, Australia. Six years of studying medicine at Monash University, a science degree in cell biology and pharmacology at Monash as well as a Bachelor of Arts degree in English Literature and Criminology at Melbourne University together with a lifelong interest in biology and biochemistry put him in good stead to tackle the difficult scenario of life's origin.

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1 Canada Square, Canary Wharf, London, E14 5AA

+44 (0) 203 515 0352 +44 (0) 207 038 8212

mail@austinmacauley.com

NEW YORK

40 Wall Street, 33rd Floor, Suite 3302, New York, NY 10005.

+1 (646) 512 5767

mail-usa@austinmacauley.com

#### SHARJAH

Sharjah Publishing City, P O Box 519201, Sharjah, UAE

+971 655 95 202

mail@austinmacauley.ae